

Most Urgent
Top Priority
Personal Attention

No. EDN-H(EE)(6)4-48/2018-19 Tithi Bhojan
Directorate of Elementary Education,
Himachal- Pradesh
Dated Shimla - 171001, the August, 2024

प्रारम्भिक शिक्षा निदेशालय (हि.प्र.)

01 AUG 2024

शिमला-1

To

1. All Deputy Directors (Elementary Education) Himachal-Pradesh.
2. All Deputy Directors (Higher Education) Himachal-Pradesh.
3. All Block Elementary Education Officers Himachal-Pradesh.

Subject:- **Celebration of "Tithi Bhojan" to school children in schools by involving community as a whole on 17th August, 2024 in the State-reg.**

Sir,

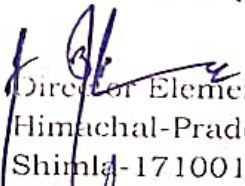
It is stated that detailed guidelines for serving "Tithi Bhojan" to school children in schools by involving community as a whole have been circulated to you vide this office letter of even No. dated 28.05.2024 followed with reminder letter dated 20.07.2024 with the remarks to circulate the same to all schools in the State.

In this context, it is further stated that in pursuant to Secretary, GOI, MOE New Delhi, D.O No.02-05/2024-IS.14 dated 09.07.2024 and SPD (SS) H.P letter No. HPSES-PLANNING (2024-25) dated 23.07.2024, "Tithi Bhojan" to school children will be celebrated by involving community as a whole in schools on 17.08.2024, during "Shiksha Saptah" from 08-17 August, 2024 in the State.

In view of the above, you are requested to issue necessary directions to all schools to celebrate "Tithi Bhojan" to school children in schools on 17.08.2024 by involving community as a whole and give wide publicity for the said purpose. You are also requested to share an action report (ATR) on coverage of students and schools during celebration of "Tithi Bhojan" on 17.08.2024 in the format enclosed as Annexure-I please.

This may be treated as most urgent and be given top priority and personal attention in the matter please.

Yours faithfully,


Director Elementary Education
Himachal-Pradesh
Shimla-171001

Endst No. even Dated Shimla-171001

August, 2024

Copy for information & necessary action to:-

1. The Secretary (Education) to the Government of Himachal Pradesh Shimla-171002 for information please.
2. The Resident Commissioner Pangi District Chamba H.P.
3. The Director (MDM) Government of India, Ministry of Education, Shastri Bhawan, New Delhi.
4. The Director (Higher Education) H.P Shimla-1 with the request to issue similar directions to all DDHE's, Block Project Officers Principals GSSS's and Head Masters GHS's H.P for information & implementation please.
5. ADM/ADC/SDM Bharmour District Chamba H.P.
6. ADM/ADC/SDM Kaza District Lahaul & Spiti H.P.
7. The Incharge IT Cell (Internal) with the request to upload the said instructions on Department website.

Director Elementary Education
Himachal-Pradesh
Shimla-171001

Guidelines for Tithi Bhojan

"Tithi Bhojan", is a community participation programme in which Community members from NGOs/Industries/Commerce/Trade etc. provide nutritious and healthy meals/ food items to students studying in government and government-aided schools, on special occasions such as festivals, wedding anniversaries, birthdays of Students and Teachers, marriages, State foundation days, days of National importance and any other special occasions etc.

The following guidelines are to be observed for organising Tithi Bhojan:

1. Food items:

- Fresh, Healthy and Nutritious meals should be served in Tithi Bhojan by adhering to the norms of the scheme as mentioned in the schedule II of National Food Security Act (NFSA) 2013. (450 calories and 12 grams of proteins at primary level and 750 calories and 20 grams of proteins at upper primary level)
- Locally available green leafy vegetables, legumes/ pulses and millets should be incorporated in the menu.
- Norms of cleanliness and hygiene must be observed for cooking, storage and service of the meals.
- Standard safety measures to prevent food contamination and adulteration must be observed
- Seasonal fruits may be incorporated in the menu.
- Clean potable water may be provided for drinking and cooking.

2. Food Items to be avoided:

- Junk (noodles, chips, chocolates etc.) and stale food items must not be served to students.

3. Food Safety and cleanliness:

- Meals should be tasted by a Teacher/Cook before it is served to students.
- Hand-washing and oral hygiene should be promoted as best practises.
- Cleanliness, safety & hygiene norms to be considered for preparation, cooking and serving of meals.

4. Community Participation:

- Community participation should be encouraged to instil sense of responsibility and community ownership towards the schools.
- A schedule (proper time table) may be prepared for the smooth implementation of Tithi Bhojan.
